



| CATERING MENU |

ORDERS & QUOTES

Please email us at catering@frankspantry.co.nz with date, preferred food options, number of people and budget per person. We prefer 48 hours notice. For shorter timeframes, give us a call and we will see what we can do.

PLATTERS, BOXES & CONTAINERS

We encourage sustainable practices and always encourage clients to supply their own containers and platters. Please drop these off to us at least 48 hours prior to your catering order. Alternatively, we can provide bio takeaway packaging for a small fee and our large catering boxes start at \$2 each.

SOME OF OUR BREAKFAST OPTIONS | MORE AVAILABLE ON REQUEST |

GOODNESS POTS | 9.5 | Served in bio cups with a wooden spoon.

Paleo almond macadamia granola, cinnamon roasted apple, roasted fruits, coconut whip | GF | VE |
Soaked organic oats, chia, coconut, almond, linseed, lemon curd, fresh fruit | VE* |

BREAKFAST ROLLS | 10.5 |

Bacon, scrambled egg, cheese, Frank's BBQ sauce
Scrambled egg, spinach, tomato, cheese, Frank's chutney | V |

MORNING OR AFTERNOON TEA - Minimum 6 items per flavour

We can serve most items whole or cut in half, just let us know.

SCONES | 5 | served with butter

Cheese, roasted peppers, spinach | Caramelised onion, cheese | Bacon, cheese, jalapeno | Date, orange
OR Plain with jam and cream

SWEET MUFFINS | 5 | served with butter

Banana + Dark chocolate | Apple + Doris plum crumble | Raspberry + White chocolate | Blueberry + Lemon curd

FRANK'S HOUSE BAGELS | 14.5 |

Choose plain, herb + parmesan, vegan, or Keto + sesame
Cured salmon, dill cream cheese, baby cos lettuce, fennel & caper remoulade
Crispy bacon, rocket, avocado, fresh tomato slices & aioli

SAVOURIES PASTRIES |

Mini Sausage Rolls - free-range Zamora pork, carrot, caramelised onion | 4 |

Mini Quiches - Pumpkin, feta, sundried tomato, spinach | V | 4.5 |

Mini Filo - 4 cheese, spinach, mushroom, pine nuts | VEGE | OR free-range chicken, bacon & mushroom | 4.5 |

Mini Pies - Potato top or mince & cheese | V* | 4.5 |

FRITTATA | GF |

Butternut, pumpkin, kale, kumara, cherry tomato, sundried tomato pesto, seeds | V | 8.5 |

Roast tomato, spinach, feta, pesto, pine nut | V | 8.5 |

Salmon, roast vegetable, cheese, sundried tomato, spinach | 10.5 |



FRANK'S PIES | 7 |

Mince + cheese | Steak + ale | Chicken, bacon + leek | Beef Moussaka | Bacon, egg, jalapeno |
Curried kumara + cauliflower | VE | Coconut Curry Veg | VE |

HEARTY SANDWICHES | 9.5 | GF | DF | VEGAN options available - just ask!

Choose: Frank's focaccia, sourdough ciabatta, braided roll, 7-grain sourdough, Tortilla wraps OR Pita Bread

Free-range ham, tomato, swiss cheese, mustard

Tuna, smashed dukkah egg, spinach, alfalfa, chutney, aioli

Slow poached chicken, cranberry, brie, spinach

Smoked Salmon, dill cream cheese, cucumber, pesto

Halloumi, Mediterranean vege, tomato relish, spinach | V | VE* |

SALADS | 5 person side dish | 35 | 5 person main dish | 65 |

Slow poached chicken Caesar, bacon, poached egg, peas, parmesan, cranberry + anchovy dressing | GF |

Roast kumara, bacon, rocket, aioli, yoghurt, seeds, spring onions | GF |

Eggplant, roast pumpkin, sundried tomato pesto, lemon tahini vinaigrette, alfalfa, baby cos lettuce | VE | GF |

Roast carrot, zucchini, cauliflower, pickled onion, almond, whipped feta | V | GF |

Orzo pasta, spinach leaves, parsley, black olives, feta, sundried tomatoes, basil pesto + yoghurt | V |

PICNIC HAMPERS - Enjoy an outing with our borrow baskets with loads of tasty goodies - Enquire for details

PLATTERS | 120 | per board | serves 10-12 people

FRANK'S PLATTER - Pate, Frank' chutney, Pumpkin Hummus, caramelised onions, sundried tomato pesto, prosciutto, ciabatta

PLOUGHMAN'S PLATTER - Havarti cheese, Ham, soft boiled eggs, pickles, mustard, sliced apple, caramelised onions, ciabatta

CHEESE PLATTER - Brie, Blue, Gouda, Frank's chutney, caramelised onions, grapes, local honey, crackers, bread

SLICES - Cookies & Bliss Balls available

Dark chocolate brownie | Walnut + prune slice | GF | 5.3 |

Caramel Oat cake | Salted Caramel Slice | 5.5 |

Lemon Slice | 4.5 |

Vegan Kit Kat | 5.3 | Vegan Bounty | GF | 4.5 | Raw Chocolate Caramel Slice | 4.2 |

FRANK'S DONUTS | VE* |

Raspberry + cream, Lemon curd, Vanilla custard, OR Chocolate mousse | 6 |

WHOLE CAKES | Served whole or sliced on request | 24cm diameter | 70+ |

Specialty & Custom cakes available for all occasions - Wedding & birthdays!

Tiered Specialty Cakes | 65+ |

Cupcakes | 5 | Minimum 12 |

| GF: Gluten Free | DF: Dairy Free | V: Vegetarian | VE: Vegan | * : available

Please note: Items and pricing may change due to the seasonality of produce or change of supply.

Phone: 03 451 1384 Email: catering@frankspantry.co.nz

We also have a full range of pizzas, burgers & fish + chips available via our little bro - Go by Frank's!